

NWC Community Activities

June-July 2022



Zumba Fitness. Join this fun and energetic workout with Instructor Wendy Diaz and burn over 400 calories/hour. Classes are held Tues and Thurs from 7:30 pm to 8:30 pm at the Weybridge Clubhouse. Space is limited!



NWC Pools are open! Please remember to register your family on CellBadge to gain access to the pools. Pool schedule and rules on nwchoa.org .



Monthly NWC HOA BOARD Meeting. 3rd Wed. June 15th and July 20th at 6:30pm, Weybridge Clubhouse.



Water Fitness. Classes start June 5th at Dover Ridge pool. Mondays and Wednesdays at 7:30am, Sundays at 8am. \$8/class for nonresidents, \$7/class for residents or \$50/month. For information, contact Instructor, Thomas Shipman, at thomas.peacefulliving@gmail.com or call 210-781-0229.



NWC Swim Lessons. Sign up sessions on June 11th and July 9th 10am-12pm at Dover Ridge Pool. Swim lessons will be Mondays-Thursdays 9am-11am at Dover Ridge Pool. For information email allisonepenton@gmail.com .



C.O.P (Citizens On Patrol) Class. Next class on July 21st, 2022 from 6:00 pm-9:00 pm. For any questions, contact Officer Greg Perry at (210) 207-5830 .



HIIT Water. Classes start June 6th at Dover Ridge Pool. Mondays and Wednesdays 7:30pm-8:30pm. Registration is on Monday June 6th at 6:45pm before the first class. For info email Instructor, Frankie Perez, at francineperez84@gmail.com .